

Smt. Kashibai Navale Medical College, Narhe , Pune  
**"2nd Annual Research Society Conference- 2021"**  
**Theme: "MIND, BODY, MEDICINE & BEYOND"**  
**Tentative Schedule Date- 6th & 7th August 2021**

**6/8/2021**

<b>Time</b>	<b>Topic</b>	<b>Speaker</b>
9.00- 9.30am	Introduction to Mind Body Medicine	Dr. Sanjay Phadke
9.30-10.15am	Mind your heart !	Dr. Jagdish Hiremath
10.15 -11am	Dynamics of communication in challenging and complex contexts	Dr. Shekhar Sheshadri
11-12.30pm	Inauguration	Welcome – Secretary - Dr. Snehal Purandare
		Presidential Address Dr. Gangakhedkar
		Keynote address Dr. Chittaranjan Yadnik
		President / Director / Dean
1.30-2.15 pm	Success, happiness and resilience	Dr. Mohan Agashe
2.15-3.00pm	Psychedelics in depression: Clinical implications of recent research	Dr. Chittaranjan Andrade
3.00 – 4.30 pm	Panel discussion - Holistic approach in MBM	Moderator Dr. Nischol Raval
	Yoga in MBM & beyond	Guru Prashant Ayanagar
	Meditation & Spirituality	Dr. Dhananjay Chavan
	Exercise the mind !	Dr. Madhav Ghate
	Tell a better story !	Dr. Chandrashekhar Phanasalkar

7/8/2021

Time	Topic	Speaker
9.00- 9.45am	Rational & safe psychopharmacotherapy in MBM	Dr. Govind Kulkarni
10.00 - 10.45am	End of life issues: Impact on mind body disorders	Dr. Vishvnath Gharpure
10.45- 1.00pm	Symposium Role of stress in MBM	Chairman- Dr. D. B Kadam
	Psychosocial impact of acute & chronic stress	Dr. Avinash Waghmare (Melbourne Australia )
	Stress and Endocrine System	Dr. Vaishali Deshmukh
	Stress & Immune system	Dr. Sanat Phatak
	Stressed brain needs liberal servings of Arts!	Dr. Apurva Puranik
1.45- 2.30	Application of MBM Holistic Assessment & Management in psychodermatology	Dr. Rohini Gaikwad
2.30 -3.45pm	Pradnya trophy Award Papers	
3.45- 4.30 pm	Valedictory Function	

**Organising Chairman**

Dr. Vinod Chuagule

**Organising Secretary**

Dr. Nitin Chaudhari

Dr. Sharmishtha Deshpande

